



CITY OF MELROSE RECREATION DEPARTMENT

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MELROSE YOUTH BASKETBALL

Hello Everyone!

We are very excited to get started for the start of the season! Please read the entirety of this message as it may answer many questions that you will all have in preparation for the season. You will be able to find schedules, rules, and other information under our “Melrose Basketball” tab on our website:

Practices, Games, and Schedule

Grades 4 – 8 will have one practice during the week (Monday – Thursday) and have one game on Saturday throughout the season.

Grades K – 3 will play only on Saturdays (Sunday for Kindergarten).

For each team, 8 practices and 8 games are expected to be played throughout the season. Due to potential gym cancellations from weather and HS athletics two extra practices (10 total practices) and one extra game (9 total games) have been built into the schedule. If we do experience gym cancellations the practices or games affected will not be rescheduled.

Game and practice schedules will be sent out prior to the start of the season.

Teams

The Recreation Department will be putting together teams for all divisions. We will do our best to accommodate as many requests as possible. Teams will be created based on all of the questions answered during the Registration Process (School, playing ability, years’ experience, height, school, grade, teammate request, and coach request). We use these to ensure that every child participating in our league experiences not only a fun and competitive basketball season but one they will be able to share with friends, classmates, and family.

Rosters will be sent to coaches prior to the start of the season. It will be the coach’s responsibility to reach out to all players on their roster.

Coaches

During the team creation process, coaches will be assigned to different teams throughout the leagues. All parents and volunteers that would like to help coach this season should reach out to their head coach at first convenience.

All coaches must fill out CORI paperwork with a copy of their license. CORI'd coaches will be the only ones allowed on the bench / court during the season. The CORI paperwork can be found under the "forms" tab on our website.

Jerseys

Jerseys will be given to each team at their first practice.

Basketball Bins

There will be basketball bins visibly available at each gym, filled with basketballs of all sizes. Please be advised that all coaches/players are responsible for returning the basketballs to the bins at the end of each practice. Please be respectful of other teams coming in after you as they will be using the same basketballs for practice.

Listed below are the basketball sizes per grade for this season.

Boys Basketball (Grades 7 - HS):	29.5
Boys Basketball (Grades 4 - 6):	28.5
Girls Basketball (Grades 4 - 8):	28.5
Boys/Girls Basketball (Grades 1 – 3):	27.5
Boys/Girls Basketball (Grades K)	27.5 or Mini Balls

Jewelry

Please be advised that NO jewelry should be worn during practice or games due to safety issues. If an official sees a player wearing jewelry they will stop the game to have the player remove their jewelry (earrings, bracelets, necklaces, etc.)

Rules

Rules for each league have been posted to the Recreation website under "Melrose Basketball."

Thank you and we look forward to a great season!

-Recreation Staff